

## Workshops

### Practical learning that makes a difference

Struggling to equip your managers with the skills they need — without the time or resources to deliver in-house?

Our off-the-shelf workshops are ready-made, interactive sessions designed to give your managers and teams the skills they need right now. Whether you're looking to upskill new managers, strengthen team performance, or address a specific development need, our workshops provide immediate value with minimal effort.

### Our Most Popular Workshops (off-the-shelf, ready to run)

*1 day workshops • £995 (up to 12 participants)    1/2 day workshops • £595 (up to 12 participants)*

Expo  
Offer!

#### Introduction to Management

1 day

Equip emerging leaders with the essential skills to lead their teams effectively from day one.

#### Having Difficult Conversations

1 day

Struggling with managers avoiding tricky conversations? Learn practical techniques to handle difficult discussions with confidence and reduce conflict.

#### Performance and Development Conversations

1 day

Gain practical tools to give constructive feedback, set clear expectations, and support your team to improve.

#### Leading Change through People

1 day

Learn how to engage, motivate, and guide your people through organisational change with confidence and clarity.

#### Coaching Skills for Managers

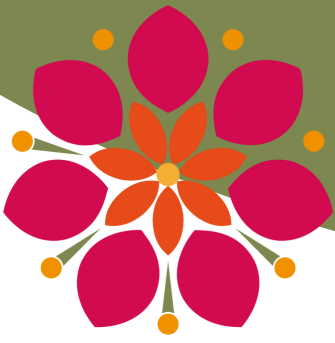
1 day

Want to help your team grow but don't know where to start? Learn simple coaching methods to support your team's development, boost engagement, and achieve results.

and many more on our website ...

find out more at:  
[www.fayebeddow.co.uk](http://www.fayebeddow.co.uk)  
or call  
07957997023





## Enabling people to flourish!

Each session is human-centred, practical, and interactive, helping leaders tackle difficult conversations, support their teams effectively, and create workplaces where people - and business - thrive.

### Expo Exclusive Offer

Book any workshop within 30 days of the Expo and receive 10% off the standard price - just quote this leaflet.



### Why work with Faye Beddow?

- Human-centred approach that puts people and engagement at the heart of learning.
- Practical, ready-to-use tools that managers can apply immediately.
- Flexible workshops designed for SMEs with no in-house training team.

### Looking for something more tailored?

If your team has specific challenges, we adapt our proven workshops to your organisation's context — or design bespoke solutions around your leadership challenges.

We also offer executive and leadership coaching to help managers navigate complex situations, develop their skills, and create lasting impact.

Let's explore how we can design a solution that fits your team and organisation perfectly.



**“Faye is very welcoming, personable, leads excellent and relevant discussion and comes with a wealth of knowledge.”**



*find out more at:*  
[www.fayebeddow.co.uk](http://www.fayebeddow.co.uk)  
*or call*  
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